





First responders: NY gun bill tackling Sandy Hook horror

Diggest gun ban in land passes by a huge margin Cuomo signs the bill into law Promises to be 'toughest, most comprehensive and balanced answer in the nation to gun violence' {page 02}





How you can 'Happy Chic' your home

▶ Jonathan Adler helps you create a space friends will never want to leave {page 26}

FROM CONFESSION TO COMEBACK? (page 10)



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In the news Giant soda ban has 3-month grace period

New York City will give restaurants and food outlets a three-month grace period before imposing fines for serving the large sugary drinks that will be banned, city officials said on Tuesday. Although the ban takes effect in March, violators will be notified but not fined for the first three ward, violators will be subject to a \$200 fine.
REUTERS

In the news



'Cannibal cop' denied bail

A three-judge panel at a Manhattan appeals court denied accused "cannibal cop" Gilberto Valle's request for bail yesterday, upholding separate rulings by other judges. Public defender Edward Zas told the NY Post they would seek a onemonth delay of the trial. Zas noted that there were 40,000 people involved in the cannibalist-sexual fetish website where he insists Valle was just indulging in "fantasy roleplaying." @ METRO/DT

In the news

Biggest gun ban in the land passes easily

After a day of will-he-orwon't-he rumors, Gov. Andrew Cuomo announced at 8:45 p.m. Monday night that a gun control bill was presented to the Senate for a vote, waiving the required three-day waiting period for a legislative vote.

The bill was pushed to the Senate floor by the Rules Committee after little

The Senate approved the



Notable

exceptions

Any magazine that holds more than seven rounds is banned under this law, rather than limiting magazines to 10 rounds, as before. Exceptions are made for currently possessed

magazines that hold more than seven but not more than 10 rounds

The bill closes an oftencriticized loophole excluding private sales of guns from federal background checks. However, background checks will not be mandatory for sales to immediate family members.

bill, 43-18.

Introduced as the "toughest, most comprehensive and balanced answer in the nation to gun violence," it is the first gun control law in the country to completely ban all pre-1994 high-capacity magazines.

It is also the first bill in the nation to mandate monitoring of ammunition purchases to watch for highvolume buyers while also performing background checks on ammunition.

It calls for a statewide database that will maintain a current registry, with an eye to preventing mentally unstable individuals from possessing or obtaining

New to the city

Culpo, originally from

Meriwether, who was

raised in Maryland, are

They're excited to attend

Bryant Park movies in

the summer when the

Meriwether, 27,

recently attended the

sticks to a coffee shop

and stops at the New

York Public Library to in-

dulge her transition from

being a full-time student.

nightclub, and Culpo, 20,

opening of Marquee

Rhode Island, and

newbies to the city.

weather is nicer.

firearms.

The bill takes effect immediately. • METRO/DT

House approves \$17B Sandy bill

WASHINGTON. The House of Representatives approved a \$17 billion bill yesterday that provides immediate aid to areas still suffering from Hurricane Sandy. Members voted on the measure, which includes \$5 billion for a FEMA fund that will give aid directly to victims, according to the Washington Post. The House vowed to discuss another amendment considering about \$33 billion in aid, according to the Post. • METRO/AB

Beautiful friendship for pageant royalty

Miss USA and Miss Universe's biggest talent? Getting along • The beauty queens share an apartment and makeup tips

Their biggest catfight is about who is more talented – but not in the way you think.

Brand-new roomies Miss USA and Miss Universe are good pals, and the only battle they have is to sing each other's praises – or at least that's what happened when Metro visited the Midtown apartment they share.

The apartment is one that's available for Miss USA, Miss Universe and Miss Teen USA during their reigns. Right now, that's Miss USA Nana Meriwether and Miss Universe Olivia Culpo.

I just got really lucky to have Olivia as my roommate," Meriwether said.

The place they share isn't the palace most people might suspect, Meriwether noted. No floor-to-ceiling windows, although they have a convenience many New Yorkers envy - a washing machine.

That doesn't mean their apartment, with views of Central Park, could be mistaken for any typical Brooklyn pad with roommates in their 20s.

Wake-up calls at 3:30 a.m. for makeup before an interview are not unusual. Each night, they receive minute-by-minute sched-



A peek inside beauty queens' apartment

What's inside the apartment of pageant royalty? Some things you might expect, and some you

In the kitchen, coffee sits in a red "You are loved!" cup. Thirty-calorie yogurt fills the fridge, and makeup spills out on sinks next to boxes where shoes jut out. (Meriwether, officially crowned last week, is still in the process of moving in.) A vanilla cupcake Yankee Candle joins piles of journals and quote books under Culpo's passport, along with a book she's reading, "The World's Best Advice from the World's Wisest Women."

Quoted

"We're both very practical. We have other ambitions." CULPO



New York attracts more than just out-of-state beauty queens — the latest is from one of the five boroughs. Mallory Hagan, crowned Miss America this weekend, lives in Windsor Terrace. She is an Alabama native who moved to New York within the last few years and has said, "Brooklyn has grown very close to

It's safe to assume most roommates don't brainstorm how to travel to the Sundance Film Festival together, working it around one's trip to Indonesia.

And yes, they share shoes and makeup tips.

"We'll ask each other what we think looks better," Culpo said.

The beauty queens are taking a break from taxing pursuits — Meriwether is a college athlete who finished pre-med studies, and Culpo interrupted her studies at Boston University for her reign.





JANUVIA works to lower blood sugar in 2 ways. Talk to your doctor about JANUVIA today.





- JANUVIA is a once-daily prescription pill that helps your body increase the insulin made in your pancreas and decrease the sugar made in your liver.
- Along with diet and exercise, JANUVIA helps lower blood sugar levels in adults with type 2 diabetes.
- By itself, JANUVIA is not likely to cause weight gain or low blood sugar (hypoglycemia).

JANUVIA (jah-NEW-vee-ah) should not be used in patients with type 1 diabetes or with diabetic ketoacidosis (increased ketones in the blood or urine). If you have had pancreatitis (inflammation of the pancreas), it is not known if you have a higher chance of getting it while taking JANUVIA.

Selected Risk Information About JANUVIA

Serious side effects can happen in people who take JANUVIA, including pancreatitis, which may be severe and lead to death. Before you start taking JANUVIA, tell your doctor if you've ever had pancreatitis. Stop taking JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

Do not take JANUVIA if you are allergic to any of its ingredients, including sitagliptin. Symptoms of serious allergic reactions to JANUVIA, including rash hives, and swelling of the face, lips, tongue, and throat that may cause difficulty breathing or swallowing, can occur. If you have any symptoms of a serious allergic reaction, stop taking JANUVIA and call your doctor right away. ^aFormulary data provided by Pinsonault Associates, LLC, April 2012.

Kidney problems, sometimes requiring dialysis, have been reported.

If you take JANUVIA with another medicine that can cause low blood sugar (hypoglycemia), such as a sulfonylurea or insulin, your risk of getting low blood sugar is higher. The dose of your sulfonylurea medicine or insulin may need to be lowered while you use JANUVIA. Signs and symptoms of low blood sugar may include headache, drowsiness, weakness, dizziness, confusion, irritability, hunger, fast heartbeat, sweating, and feeling jittery.

Your doctor may do blood tests before and during treatment with JANUVIA to see how well your kidneys are working. Based on these results, your doctor may change your dose of JANUVIA. The most common side effects of JANUVIA are upper respiratory tract infection, stuffy or runny nose and sore throat, and headache.

Call I-888-JANUVIA or visit www.Januvia.com.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please read the Medication Guide on the adjacent page for more detailed information.



Merck Helps

Having trouble paying for your Merck medicine? Merck may be able to help. www.merck.com/merckhelps

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^bTerms and conditions apply. Please see next page.





Eligible patients may receive a free 30-day trial supply of JANUVIA® (sitagliptin) tablets.

Offer valid for up to 30 tablets.

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 Get a free 30-day trial supply of JANUVIA if your doctor says it's right for you.
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- JANUVIA is a prescription medication. Only your meaning are provided and the Move this voucher works:

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 There is no requirement to purchase any product or service to receive your free 30-day trial supply of JANUVIA.

 Restrictions apply. Please see Terms and Conditions on the back of this voucher.

- Expiration Date: 06/30/2013

 Prescriber

 In initiate a free 30-day trial supply for an appropriate patient, you should:

 Read the Prescribing Information before prescribing IANUVIA.

 Write a prescription for up to 30 tablets of JANUVIA. No substitutions are permitted.

 Refills are not required and there are no requirements to purchase any product or service to use this voucher. If you want your patient to continue taking JANUVIA beyond the free trial period, please write a separate prescription based on your recommended therapy.

 Fill in the dose on this voucher.

 Give the valid signed prescription and this voucher to the patient.

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- Eligible patients can take this voucher and the prescription to any participating eligible retail pharmacy to receive their free
- 30-day trial supply.
 For additional copies of the Prescribing Information, call 800-672-6372, visit www.Januvia.com, or contact your Merck representative.
- Pharmacist
- Only 1 voucher may be used per patient. Voucher may not be transferred to another patient.

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- Inticulturing the durie-procest expenses (Tribort), or any other state of teach a medical or pharmaceutical assistance program), private insurers, and health or pharmacy benefit plans.

 For auditing purposes, a copy of this voucher must be attached to the original prescription and retained by the pharmacy. McKesson Corporation reserves the right to review all records and documentation relating to the dispensing of product.

 By accepting this voucher, you agree to the terms hereof.

 No universal claim forms will be processed.

RxBIN No: 610524 RxPCN: 1016 RxGroup: 40026500 Issuer: (80840)

Medication Guide

JANUVIA® (jah-NEW-vee-ah) (sitagliptin) Tablets

Read this Medication Guide carefully before you start taking JANUVIA and each time you get a refill. There may be new information. This information does not take the place of talking with your doctor about your medical condition or your treatment. If you have any questions about JANUVIA, ask your doctor or pharmacist.

What is the most important information I should know about JANUVIA?

Serious side effects can happen in people taking JANUVIA, including inflammation of the pancreas (pancreatitis) which may be severe and lead to death.

Certain medical problems make you more likely to get pancreatitis.

Before you start taking JANUVIA:

Tell your doctor if you have ever had

- pancreatitis
- stones in your gallbladder (gallstones)
- a history of alcoholismhigh blood triglyceride levels
- · kidney problems

Stop taking JANUVIA and call your doctor right away if you have pain in your stomach area (abdomen) that is severe and will not go away. The pain may be felt going from your abdomen through to your back. The pain may happen with or without vomiting. These may be symptoms of pancreatitis.

What is JANUVIA?

- JANUVIA is a prescription medicine used along with diet and exercise to lower blood sugar in adults with type 2 diabetes.

 • JANUVIA is not for people with type 1 diabetes.
- JANUVIA is not for people with diabetic ketoacidosis (increased ketones in your blood or urine).
- If you have had pancreatitis (inflammation of the pancreas) in the past, it is not known if you have a higher chance of getting pancreatitis while you take JANUVIA.
- It is not known if JANUVIA is safe and effective when used in children under 18 years of age.

Who should not take JANUVIA?

Do not take JANUVIA if:

- you are allergic to any of the ingredients in JANUVIA. See the end of this Medication Guide for a complete list of ingredients in JANUVIA.
- Symptoms of a serious allergic reaction to JANUVIA may include:
- rash
- raised red patches on your skin (hives)
- *swelling of the face, lips, tongue, and throat that may cause difficulty in breathing or swallowing
 What should I tell my doctor before taking JANUVIA?

Before you take JANUVIA, tell your doctor if you:

- · have or have had inflammation of your pancreas (pancreatitis).
- · have kidney problems.
- · have any other medical conditions.
- are pregnant or plan to become pregnant. It is not known if JANUVIA will harm your unborn baby. If you are pregnant, talk with your doctor about the best way to control your blood sugar while you are pregnant.

 Pregnancy Registry: If you take JANUVIA at any time during your pregnancy, talk with your doctor about how you can join the JANUVIA pregnancy registry. The purpose of this registry is to collect information about the health of you and your baby. You can enroll in this registry by calling 1-800-986-8999.
- are breast-feeding or plan to breast-feed, it is not known if JANUVIA will pass into your breast milk. Talk with your doctor about the best way to feed your baby if you are taking JANUVIA.

 Tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and barbal supplements.

Know the medicines you take. Keep a list of your medicines and show it to your doctor and pharmacist when you get a

How should I take JANUVIA?

- Take JANUVIA 1 time each day exactly as your doctor tells you.
- You can take JANUVIA with or without food.
- Take JANUVIA tablets whole. Do not split, crush, or chew JANUVIA tablets before swallowing. If you cannot swallow JANUVIA tablets whole tell your doctor.
- Your doctor may do blood tests from time to time to see how well your kidneys are working. Your doctor may
 change your dose of JANUVIA based on the results of your blood tests.
- Your doctor may tell you to take JANUVIA along with other diabetes medicines. Low blood sugar can happen more often when JANUVIA is taken with certain other diabetes medicines. See "What are the possible side effects of JANUVIA?". If you miss a dose, take it as soon as you remember. If you do not remember until it is time for your next dose, skip the missed dose and go back to your regular schedule. Do not take two doses of JANUVIA at the same time.
- If you take too much JANUVIA, call your doctor or local Poison Control Center right away.
 When your body is under some types of stress, such as fever, trauma (such as a car accident), infection or surgery, the amount of diabetes medicine that you need may change. Tell your doctor right away if you have any of these conditions and follow your doctor's instructions.
- · Check your blood sugar as your doctor tells you to.

- Stay on your prescribed diet and exercise program while taking JANUVIA
- Talk to your doctor about how to prevent, recognize and manage low blood sugar (hypoglycemia), high blood sugar (hyperglycemia), and problems you have because of your diabetes.
 Your doctor will check your diabetes with regular blood tests, including your blood sugar levels and your hemoglobin A1C.

- What are the possible side effects of JANUVIA?

 Serious side effects have happened in people taking JANUVIA.

 See "What is the most important information I should know about JANUVIA?".
 - Low blood sugar (hypoglycemia). If you take JANUVIA with another medicine that can cause low blood sugar, such as a sulfonylurea or insulin, your risk of getting low blood sugar is higher. The dose of your sulfonylurea medicine or insulin may need to be lowered while you use JANUVIA. Signs and symptoms of low blood sugar may include:
 - headache weakness
- irritability
- drowsiness hunger · fast heart beat
- dizziness
- sweating feeling jittery confusion
- Serious allergic reactions. If you have any symptoms of a serious allergic reaction, stop taking JANUVIA and call
 your doctor right away. See "Who should not take JANUVIA?". Your doctor may give you a medicine for your allergic
 reaction and prescribe a different medicine for your diabetes.

• Kidney problems, sometimes requiring dialysis The most common side effects of JANUVIA include:

- · upper respiratory infection
- · stuffy or runny nose and sore throat
- headache

JANUVIA may have other side effects, including:

- · stomach upset and diarrhea
- swelling of the hands or legs, when JANUVIA is used with rosiglitazone (Avandia®). Rosiglitazone is another type

These are not all the possible side effects of JANUVIA. For more information, ask your doctor or pharmacist.

Tell your doctor if you have any side effect that bothers you, is unusual or does not go away

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store JANUVIA? Store JANUVIA at 68°F to 77°F (20°C to 25°C).

Keep JANUVIA and all medicines out of the reach of children.

General information about the use of JANUVIA

Medicines are sometimes prescribed for purposes that are not listed in Medication Guides. Do not use JANUVIA for a condition for which it was not prescribed. Do not give JANUVIA to other people, even if they have the same symptoms you have. It may harm them.

This Medication Guide summarizes the most important information about JANUVIA. If you would like to know more information, talk with your doctor. You can ask your doctor or pharmacist for additional information about JANUVIA that is written for health professionals. For more information, go to www.JANUVIA.com or call 1-800-622-4477.

What are the ingredients in JANUVIA?

Active ingredient: sitagliptin

Inactive ingredients: microcrystalline cellulose, anhydrous dibasic calcium phosphate, croscarmellose sodium, magnesium stearate, and sodium stearyl fumarate. The tablet film coating contains the following inactive ingredients: polyvinyl alcohol, polyethylene glycol, talc, titanium dioxide, red iron oxide, and yellow iron oxide. What is type 2 diabetes?

Type 2 diabetes is a condition in which your body does not make enough insulin, and the insulin that your body produces does not work as well as it should. Your body can also make too much sugar. When this happens, sugar (glucose) builds up in the blood. This can lead to serious medical problems.

High blood sugar can be lowered by diet and exercise, and by certain medicines when necessary.

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This Medication Guide has been approved by the U.S. Food and Drug Administration.

DIAB-1039462-0000 07/12

Januvia

(sitagliptin) tablets

Terms and Conditions

- This voucher is valid for 1 free 30-day trial supply of JANUVIA.
- Limit 1 voucher per patient for the duration of the program.
- Valid for 1-time use only. Free trial offer is valid only for up to 30 tablets of JANUVIA. No purchase is necessary. Refills are not required.
- This voucher is not transferable. No substitutions are permitted. Cannot be combined with any other free trial, coupon, discount, prescription savings card, or other offer.
- . This youcher is not insurance.
- You must be 18 years or older to redeem this voucher. Patient, pharmacist, and prescriber agree not to seek reimbursement for all or any part of the benefit received by the patient through this offer. The free trial supply of JANUVIA cannot be used toward any out-of-pocket costs under any plan (such as true out-of-pocket expense [TrOOP]).
- This voucher can be used only by eligible US residents at any participating eligible retail pharmacy in the United States. Product must originate in the United States.
- This voucher is the property of Merck and must be turned in on request.
- Merck reserves the right to rescind, revoke, or amend this offer at any time without notice.
- It is illegal to sell, purchase, trade, or counterfeit this voucher. Void if reproduced. Void where prohibited by law, taxed, or restricted.
- Please read the accompanying Medication Guide and discuss it with your doctor. Also available is the physician Prescribing Information.
- Expiration Date: 06/30/2013



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NPYD to use GPS to track prescription pill bottles



Police Commissioner Ray Kelly wants to catch pillpilfering criminals with GPS-encoded bottles as bait in pharmacies.

Kelly announced this proposal during the Clinton Health Matters Initiative conference yesterday afternoon in California.

The NYPD wants to use "bait bottles," already developed bottles that add GPS devices into what looks like a regular container of OxyContin.

Recent crimes have put prescription-pill addiction squarely on the NYPD's radar. Last April, a robber was shot and killed after he demanded OxyContin and Percocet at an East Harlem pharmacy. And an off-duty officer was shot in Long Island in 2011 when he tried to intervene against a man robbing a pharmacy there.

"There have been the phenomena of the suspect demanding Oxy by name 1.8K

Pharmacies in New York City

6K

\$4M Cost of measures Kelly proposes

but leaving the cash in plain view in an open register untouched," Kelly

The bait bottles are sealed like a real bottle, NYPD top spokesman Paul Browne said, adding, "when they are shaken, [they] sound like there's real Oxy tablets rattling around inside."



In the news

Police search for woman who bit cab driver

Cops are looking for a woman wanted for a robbery on White Plains Road in the Bronx.

According to police, a livery car picked up the woman at Boston Road and Southern Boulevard around 7:30 a.m. Monday. The driver took her to anddress on White Plains Road, police said. But instead of paying, she bit



the driver on the shoulder and took a backpack with an unknown amount of cash, cops said. The woman is described as black and between 20 and 30. Anyone with information should call 800-577-TIPS. METRO/AB

metr



Quinn: Toss textbooks, extend school till 6 p.m.

City Council Speaker Christine Quinn announced a fleet of education proposals yesterday, including extending the school day and axing textbooks and using tablets instead.

Quinn targeted the education system with her speech at the New School.

The speaker is battling to be the next mayor, facing an ever-growing list of



competitors to replace Mayor Michael Bloomberg when he finishes his term next year.

Her proposals, which she vowed would cost less than \$300 million, included appointing a deputy mayor for education.

She also wants to make the school day longer, keeping students until 6 p.m. on five days a week in schools with the highest percentage of students qualifying for free or reduced-price lunch.

No more textbooks would be needed under her plan — instead, students would use tablets.

And she waded into a controversial education topic — testing. She said she wanted the New York City school system to be less reliant on testing.

METRO/AB

City school bus strike: What are the options?

The city has taken several measures to help out parents and students affected by the school bus strike that commenced this morning.

METRO/DT

- Students who currently take yellow school buses may request city-provided MetroCards at their school.
- Parents of children in kindergarten through second grade can get MetroCards as well, as can parents of pre-school and school-age special needs children.
- Schools will also have travel expense reimbursement forms for the costs of gas (at 55 cents

per mile), car services or taxis where necessary; carpooling is encouraged.

- If children are unable to get to school, the DOE will post materials online for all grades and core subjects so students can study at home.
- The city is deploying additional transit officers, school safety officers and crossing guards to manage the influx of parents and children walking and talking public transit.
- The Taxi and Limousine Commission issued an alert to have the maximum number of cars available and anticipate increased demand.

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In the news

Man pleads not guilty in subway pushing death

A New York man pleaded not guilty to charges he pushed another man to his death on the subway tracks in Manhattan.

Naeem Davis, 30, entered the plea yesterday during a hearing before New York State Supreme Court Justice Bonnie Wittner. Davis was indicted by a grand jury on charges of second-degree murder and first-degree manslaughter and faces life in prison if convicted.

Davis is accused of pushing 58-year-old Ki-Suck Han of Queens onto the tracks at the station at 49th Street and Seventh Avenue on Dec. 3, according to statements from police. Han was struck by a train entering the station and killed. Davis was arrested the next day. He is scheduled to return to court on Jan. 25. BLOOMBERG

First piece of WTC spire in place

The first part of the 408foot spire for One World Trade Center was guided into a 6-foot concrete base on the building's roof by a crew of iron workers and crane operators and two cranes. The piece weighs 67 tons and arrived by barge at Pier 25 on Dec. 12, after traveling 1,500 miles from Quebec in November. Nine smaller pieces arrived by truck last month. When the 6-ton stainless steel beacon is added, the building will be 1,776 feet high. METRO/DT



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o8 metr⊕ news #1 Free Daily In NYC wednesday, January 16, 2013

In the news GETTY IMAGES French troops

Panetta: US has no plans to send troops to Mali

LISBON. The United States has no current plans to send troops to Mali and is still considering how else to help French forces battling al Qaeda-linked fighters there, Defense Secretary Leon Panetta said yesterday.

The clarification of Washington's position came as France launched fresh air strikes on the fifth day of its military intervention in the West African nation.

Paris has poured hundreds of soldiers into Mali

and carried out air raids since Friday in the northern half of the country, which was seized last year by an Islamist alliance combining al Qaeda's north African wing AQIM with Mali's home-grown MUJWA and Ansar Dine rebel groups. REUTERS

Obama vows no negotiations on debt, talks loom

WASHINGTON. President Obama vowed he won't negotiate over raising the government's debt ceiling even as he offered to deal on a separate track with the deficit reduction demanded by Republicans.

Warning of economic calamity and stalled payments to Social Security recipients, military personnel and government creditors if the \$16.4 trillion debt limit isn't lifted, Obama accused Republicans of holding the nation hostage as he sought to push Congress toward action. BLOOMBERG

White House ban on assault weapons drawing opposition

President Barack Obama will unveil today a package of proposals to cut gun violence, including a ban on sales of assault weapons that faces opposition in Congress even as a majority of the public backs it.

Obama and Vice President Joe Biden will be joined by children who wrote to the president with their concerns following the mass shooting last month at a Connecticut school for the announcement, scheduled for 11:45 a.m. at the White House.

Obama "will broadly address the steps forward he believes we need to take as a nation" to curb gun violence, and a "significant" portion of the proposals will require action by Congress, Carney said. "The president's committed to this."

While Carney refused to preview what the president will introduce, other



ODDEN IN A OD

Some want a narrower approach

While allies expressed support for the White House plans, some Democrats urged President BarackObama to take a narrower approach that

concentrates on expanding background checks and limiting high-capacity ammunition magazines — proposals that even many gun owners back.

The massacre at Sandy Hook Elementary School pushed the issue of gun violence to the top of the president's agenda in his second term. **BLOOMBERG** 19

The plan will include 19 separate steps Obama could take through executive action, prompting complaints from Republicans that he will abuse the authority of his office to monitor gun owners and restrict their rights.

administration officials said Obama will ask for universal background checks for firearms buyers and a ban on high-capacity ammunition magazines.

Initiatives to strengthen mental-health checks, tighten school safety, address cultural influences and improve the government's ability to collect gun violence information, are also on the list. **BLOOMBERG**

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Lance Armstrong hits comeback trail

Confession could see reputation restored and even a return to sport ● It could also cost him millions and possibly jail time

First there was a tearstained apology to charity staff, to be followed by a humiliating confession for a global TV audience. Lance Armstrong's descent from icon to disgrace has been dramatic, but it may not be irreversible.

Details of the Texan's date with Oprah on Thursday have leaked, most crucially that he confesses to using performance-enhancing drugs after decades of denial. This barely covers the U.S. Anti-Doping Agency allegation that Armstrong ran "the most professionalized and successful doping program in the history of sport," but could still land the excyclist in serious trouble.

The confession could cost Armstrong tens of millions of dollars in lawsuits from the U.S. government, with a possibility of jail time for perjury. The for-



Paying the price

What Armstrong could

U.S. Justice Department: \$50 million — value of sponsorship with Armstrong's U.S. Postal Service team; it could also involve fraud claims

Prizes and bonuses: \$16 million, which authorities are now seeking including \$12 million to SCA Promotions

The Sunday Times: \$1.5 million from a libel case alleging drug use mer seven-time Tour de France champion has already received a lifetime ban from cycling and Olympic sports, lost his lucrative sponsorships and resigned from the Livestrong cancer foundation.

"Rebuilding Lance Armstrong's reputation is the biggest challenge imaginable, but it starts now. He has supporters — and if his story is believable, he has a chance," said John David, CEO at David PR, adding that appearing on Oprah Winfrey's show, rather than hard news alternatives, will help as "she would not skewer him."

Other drug cheats have returned to sport. "It won't happen tomorrow, but there's a path back for him if he is smart," says David.



Armstrong doc: 'We need to get better tests'

After years of denials, Lance Armstrong has reportedly admitted he used performanceenhancing drugs during his seven Tour de France wins.

"Lance Armstrong does bring out a lot of points and discussion," said Dr. Don Catlin, International Olympic Committee medical commissioner. "The reality is Lance had advisors that were able to keep him from getting positive tests. It's confirmed he's had 200 or 300 tests and never had a positive one."

"That bothers me because I probably did 100 of them myself," Catlin added. "We need to get better tests. Everything that Lance is doing, anyone else can do today and get away with it." World Anti-Doping Agency Director General David Howman iterated that Armstrong's soon-tobe televised confession won't change their decision to ban him from the sport. "Whatever he's got to say [in the interview], the lifetime ban against him is not going to be changed at all," he said.

'Blood doping'

Catlin explained that "blood doping" means an athlete used substances that increase the amount of blood in the system, in turn upping the amount of oxygen the blood can carry. This can be done in various ways, including using a substance called EPO or transfusing extra blood into the athlete. MICHELLE CASTILIO





metr⊕ news #1 Free Daily in NyC wednesday, January 16, 2013 11

Cleaning lady accused of stealing train in Sweden and crashing into residential units

A cleaning lady in Sweden stole a train and crashed it into an apartment building yesterday.

Investigators were initially stumped as to how a commuter train careened off its tracks and crashed into a kitchen of an apartment in Saltsjobaden, an affluent suburb south of Stockholm, in the early morning hours yesterday.

But it later transpired that the cleaner, a woman in her 20s, managed to start the four-car train, which had no passengers, and take it for a joy ride, according to train operator Arriva.

She drove it at high speed some 1.5 kilometers to the end station on the railway line, before it jumped off the rails and

Quoted

"It is possible to start the train if you have training and access to a key, but exactly how this happened we have no answer to"

ARRIVA SPOKESMAN TOMAS HEDENIUS

traveled another 25 meters and crashed into the three-story building.

The woman suffered serious but non-lifethreatening injuries in the crash and was flown to a local hospital, police spokesman Lars Bystrom



said. Three families live in the building, but none were injured following the 2:30 a.m. crash, police added. A representative of Arriva said it's unclear how the cleaner got the keys to the train and added that she had not previously been employed as a driver.



News in brief



Pope's secretary on Vanity Fair cover

ROME. Archbishop Georg Ganswein, Pope Benedict's private secretary, who has been dubbed "Gorgeous George" by the Italian media, is now a real-life cover boy.

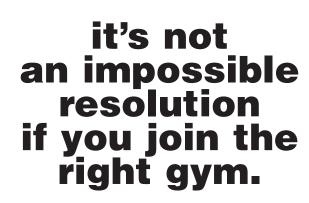
The prelate has landed on the cover of Vanity Fair.

The cover on the Italian edition of Vanity Fair magazine shows the 56-year-old archbishop smiling, his blue eyes beaming, above a headline that reads "Father Georg, It's not a sin to be beautiful." REUTERS









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THEWORL

Monica Weymouth's take on the world of gossip **□** @monicaatmetro **□** monica.weymouth@metro.us

- Dorothy Robinson will return on Jan. 21.

No 'Silver Linings for Jen Lawrence

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

ASteveCarell:

Apparently, once you have appeared on television, you are qualified to be a fashion designer.

Akirstiealley: I think I accidentally murdered my pet spider...I stepped on a spider in the hallway ...my under the cabinet spider is MIA

@Sethrogen: I have a very shocking admission to make... I've been doping.

@JimGaffigan: Already resenting that I have to wake





Jennifer Lawrence picked up a Golden Globe for her performance in "Silver Linings Playbook," and it's quite possible she'll also be taking the Oscar home not to mention anyone she wants in the audience that night. The one man in the world who isn't interested in the 22-year-old knockout? Her equally single and equally pretty co-star Bradley Cooper.

"I love her to death. She's amazing, but no,' Cooper tells Entertainment Tonight about the prospect of him and Lawrence together. "No, no, no, no, Not even close."

Wait a minute, Bradley, we didn't quite get that. One more time? "No, not even close.'

Ouch. All of a sudden, his silence on our constant creeping doesn't seem so harsh.

Gosling geeks out

No matter how famous Ryan Gosling gets, he seems to still enjoy the little things.

"I did this scene in 'Lars and the Real Girl' where I was in a room full of old ladies who were knitting, and it was an all-day scene, so they showed me how, actor tells

Australia. "If I had to design my perfect day, that would be it. And you get something out of it at the end. You get a nice present. For someone who wants an oddly shaped, off-

putting scarf." Jennifer Lawrence, are

you listening to this? Ryan Gosling's oddly shaped scarf is up for grabs! Gosling

Well played,

In an interview with the Huffington Post, Tatyana Ali may have given our favorite answer ever to the standard "what's your favorite guilty pleasure?" question: Bread pudding with chocolate! And onenight stands.

Free Britney Spears

Despite the polished, we'll-always-be-friends statement she issued after calling things off with fiance Jason Trawick, Britney Spears is reportedly not handling the breakup all that well. In fact, according to Radar Online, the split was orchestrated by Trawick and Spears' father, Jamie, who still has legal control of her personal life and finances.

"Jason and Jamie wanted to make sure that Britney didn't lose it, so they had to water things down for her a bit," a source tells the site. "She still hasn't exactly grasped yet that the relationship is totally over."

It's still early, but we're calling it: creepiest story of 2013.

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to the show at all, but I've

said that since I first heard

front of the world how to

just be and be on TV and

sing. It's sort of like what

these kids do, only at that

about the show," Carey

says. "I had to learn in

What feud? Carey and Minaj play nice before their 'Idol' premiere

• The big personalities on the show's new judges panel address rumors of a hostile relationship • The pair insists this year is 'about the contestants'

You might have heard that new "American Idol" judges Mariah Carey and Nicki Minaj haven't exactly been getting along. Actually, you've probably heard that they've been "feuding."

Well, Carey and Minaj have heard it, too, and they're bored by the reports. "This is a very passionate panel. I think there are a lot of strong personalities," Carey says. Starting this process, I felt like it was a possibility that there could be differences of opinions. The fighting is what it is. This is 'American Idol.' It's bigger than all that. It's bigger than some stupid, trumped-up thing.'

While talk of discord might make for good gos-



"It's a distraction to the contestants, and I think it's unfair to them."

sip reporting, it's not good for the show itself, Carey explains. "The whole thing is convoluted," she says. "It's a distraction from the show. It's a distraction to the contestants, and I think it's unfair to them. It should be about the contestants." But how are the two -

Never would've been an 'Idol'

Feud or no feud, the new judges can at least agree on one thing: Neither of them would've tried out for "Idol" themselves had it been an option. "I personally would never have wanted to do this type of show — no offense

wounds" and that the

whole disagreement "was

sort of one-sided," a con-

tention with which Minaj

begs to differ. When asked

that

time it was, like, 'The Arsenio Hall Show,' and that would be like, 'Here I am!' It was very tough." who will be joined by felwhat they did to put an low new judge Keith Urban and the returning end to any bickering, Minaj goes for a joking re-Randy Jackson — getting sponse, saying, "I put out along now? Carey insists a sex tape." But Carey is "time heals all much more blunt: "I did

are.



nothing, and here we

TV watch list 'Kroll Show'

COMEDY. "The League" star Nick Kroll fleshes out characters from his Comedy Central standup special "Thank You Very Cool," including the wannabe music producer Bobby Bottleservice, and introduces even more, like the annoying PubLIZity team of Liz and Liz, for this sketch series. Series premiere, 10:30 p.m., Comedy Central

'Top Chef: Seattle'

REALITY. It's an all-out food fight when the men vs. women Restaurant Wars challenge concludes tonight. 10 p.m., Bravo

'Nashville'

DRAMA. Rayna and Juliette prepare for their first shared-bill concert in San Diego. Keep the backstabbing offstage, ladies. 10 p.m., ABC AMBER RAY





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He's a 'white kid on the street playing Dobro and rapping'

The man with the Special Sauce reflects on 20 years and dodging in between genres

• 'For me, there are no rules now,' G. Love says

TIM MOSENFELDER/GETTY IMAGES



wenty years ago, after moving from Philadelphia to Boston, G. Love's musical career quickly rose from the streets and subway stations to regular club gigs that eventually landed him a record deal that brought him back to Philly.

"I moved to Boston because I knew it was one of the only places you could get a permit to be a street performer," says G. Love (born Garrett Dutton). "I looked like a homeless person. I had this cart with a folding chair, my amp, a mic stand and all my gear and my guitar. I would wear a seersucker suit and Pumas with the fat laces. It was pretty competitive out in Harvard Square, and I wouldn't make too much money, but I got my s-together and that led to some solo shows.'

After a weekly gig at a Cambridge bar, interest from record companies soon followed. The headstrong 20-year-old who started merging hip-hop with his Delta blues and Dobro guitar had created a signature blend of music very unique for the time.

If you go

G. Love & Special Sauce with Swear and Shake Tonight, 7 Irving Plaza 17 Irving Pl. \$25, 212-777-6800 www.livenation.com

"I just want to make really honest and raw music." G. LOVE

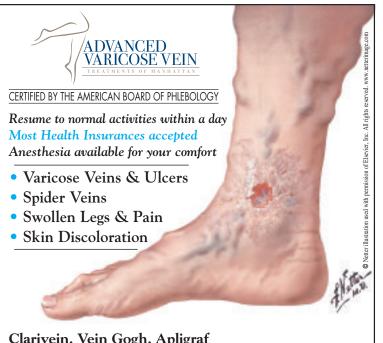
Hip-hop/blues seem like an strange classification, but ask G. Love if he finds it odd and he'll tell you, "Well, no, because I made it up! I really believe that," he says. "I remember the exact moment that I stumbled upon it and I was playing on the street in Philly and I finished playing this sort of driving blues groove of mine, and it was just a twochord jam - nothing fancy. I just started rapping these lyrics from Eric B. and Rakim's 'Paid in Full,' and it worked. I was like, 'Damn, that's some sright there!' That was kind

of an epiphany for me. I thought, 'There's no other white kid on the street playing Dobro and rapping, I bet.'"

Nine LPs and several EPs deep, he is promoting his 2011 album, "Fixin' to Die." The album is out on Brushfire Records, a label run by Jack Johnson, who he frequently collaborates with and even had as a special guest on his record when Johnson was still relatively unknown. But Dutton sounds like he's doing anything but fixin' to die

"It's funny," he says. "It's our 20th year right We've now. messed around with a bunch of styles. Right now in the studio, I just want to make really honest and raw music without getting caught up in producing and stuff like that. We make our living on the road and we can write songs and be in the studio and it can all be about the music and the purity of the expression. For me, there are no rules right now. It's just about making amazing records."





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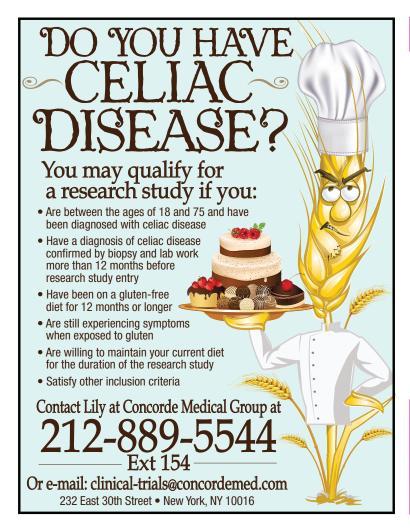
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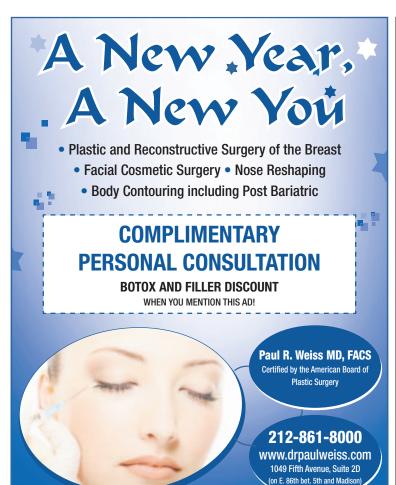
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we know what Facebook is building: a better internal search system.

Speaking at a muchhyped event at Facebook headquarters yesterday, founder and CEO Mark Zuckerberg announced a raft of improvements to Graph Search — that is, the ability to search within your social graph for specifics.

The search improvements involve the ability to ask questions in regular English, such as "Which of my friends live in New York?" The search is now intelligent enough to rank your friends based on how much interaction you've had — so that closer friends will appear higher up the results list.

It can also search based on stories or photos you've "liked." One example Zuckerberg offered: The site can now display which of his friends have "liked" the HBO show "Game of Thrones." You can search for people who "like" multiple products or services,

Get searching

To sign up for a Graph Search beta invite, go to www.facebook.com/ about/graphsearch.

which seems likely to be a bonanza for marketers.

Photos also can be ranked by which have the most "likes," based on the people most important to you in your friends list. And one of the most helpful capabilities appears to be searching for local businesses that have received a thumbs-up from friends (and their friends).

Graph search started yesterday in beta and will appear as a blue search bar at the top of your Facebook page. You can sign up for the beta - or rather, join the waiting list for a beta invite — now.

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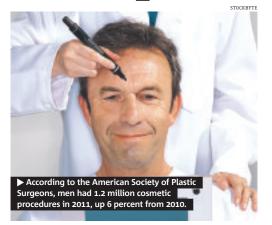
my**wellbeing**

Hey guys: Planning a little tune-up in 2013?

It isn't just about hair gel and moisturizer anymore. new metrosexual heads to the spa or plastic surgeon for "a little work."

'It now accounts for 25 percent of my patients and it's increasing steadily," says Dr. Mitchell Chasin, a cosmetic physician and medical director of New Jersey's Reflections Center for Skin and Body. "I used to have Vogue and Cosmo in my waiting room; now, I have Sports Illustrated and car magazines," he says.

Some treatments aren't just vanity - "Male acne can be devastating," says Dr. Chasin — but men are lining up for lipo, Botox and fillers. "Five years ago, it was very uncommon," he says, "now we're doing it all the time. We call it 'Brotox.' Men do the same things women do, but they approach it differently.



10% Plastic Surgery procedures attributed to men, an 121 percent increase from 15 years ago, according to American **Society for Aesthetic Plastic Surgery**

Most men don't want downtime or are hesitant to have people know. They tend to take it more slowly than women, a little here and there.

Though there are some physical differences men have heavier facial muscles, they don't lose fa-

Teeth. too!

Nearly one-third of all patients of cosmetic dentistry are males, says the American Academy of Cosmetic Dentistry.

"Men are more image-conscious due to our modern society," says Dr. Irwin Smigel, cosmetic dentist and creator of Supersmile whitening products. "A better smile may increase confidence."

cial fat like women and they generally don't have cellulite — the motivation is the same.

'They're doing these treatments to feel good," Dr. Chasin says.



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was \$39/now \$19.50

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Artists, programs, dates, and ticket prices subject to change. © 2013 CHC

my**wellbeing**

So you want to go vegan in 2013?

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NEW IN THE

NEW YEAR

eing vegan is no longer unconventional. That's due the "Forks Over Knives" book and documentary. Now comes "Forks Over Knives — The Extended Interviews," with even more evidence supporting the elimination of animalbased and processed foods. We asked one of the film's experts, Cornell University nutritional scientist T. Colin Campbell, Ph.D., for all the dirt on this Earthand body-friendly lifestyle.

Take baby steps

The Mondays Campaign, the organization behind Meatless Mondays, offers the following stats on why a plant-based diet even just once a week has benefits.

It limits your cancer risk:

Why is veganism healthier than a nonvegan diet?

I don't [even] use the word vegan. Vegans can eat processed food as long as it contains no animal elements. I call it a whole food, plant-based diet. In my studies, the evidence is overwhelmingly positive. In just two weeks, cholesterol levels drop; aches disappear. Many changes occur. It's not just about preventing disease, but treating disease.

But isn't animal protein necessary to survival?

People have been advised that for a long time. A whole food, plant-based diet supplies all the protein we need and at an ideal level, about 10 percent of our calorie intake. That's enough. But animal

Hundreds of studies suggest that diets high in fruits and vegetables may reduce cancer risk, and both red and processed meat consumption are associated with colon cancer.

It cuts your risk for heart disease: Harvard found that replacing saturated fat-rich foods (like meat

protein takes it up to about

70 to 80 percent. Early

studies found that animal

protein sped up growth

rate, so it was called high-

quality protein. But it also

speeds up growth of can-

cer cells. Plant protein is

If you want to switch to

slower.

and full-fat dairy) with foods rich in polyunsaturated fat (like vegetable oils, nuts and seeds) reduces the risk of heart disease by 19 percent. It helps fight diabetes: Research suggests that higher consumption of red and processed meat increases the risk of type 2 diabetes.

this diet, are there some tiny tweaks you can start making right away?

Eliminate dairy. Evidence was found in 1925 that the protein in dairy, casein, pushes up cholesterol levels. Dairy protein is a more prominent problem than animal fat.

You've said that low-fat milk is worse than whole milk - but that seems counterintuitive.

In the 1940s and '50s, milk fat was deemed to be the culprit and people were told to switch to low-fat. But in low-fat milk, the protein level is increased. So, people ate more dairy protein, making the problem worse.



Linda Clark letters@metro.us



.b733-P



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my**wellbeing**

'Roid rage



The thyroid looks like a bow-tie vou wear on the inside of your body.

Pregnant? Tell your doctor

Dr. Alexander advises women who have hypothyroidism and who are thinking about becoming pregnant, or who have found out that they are pregnant, to inform their doctor immediately. "This is very important. The amount of thyroid supplement has to be carefully regulated, and it can be dangerous to a baby.'

Those peculiar symptoms of yours might be tied to a thyroid that isn't working properly

he thyroid is a gland that sits at the front of the neck, quietly going about its business of producing thyroid hormone, which mostly metabolism. regulates Thyroid disease tends not make as dramatic a subject as, say, that of the heart or lungs, but it is as important as any other body part in maintaining well-being. We asked Brigham and Women's Hospital endocrinologist Dr. Erik Alexander to fill us in on this tiny little powerhouse.

What are the signs that something might be wrong with your thyroid gland?

Symptoms for hyperthyroidism, which is the overactive thyroid condition, include being warmer, tremors and heart palpita-With hypothytions. roidism, which underactive gland, usually the body is colder; you have feelings of exhaustion and weight gain.

How can we keep it healthy?

If we consume a healthy diet, that usually includes an adequate amount of iodine, which regulates the thyroid. When you see your physician for your annual check-up, always make sure that they examine the neck and thyroid area. This is most important. Thyroid [problems are] easily treated.



Is it halting your

weight loss?

Dr. Ridha Arem, author of "The Thyroid Solution Diet," shares his insight.

"One of the most common hormonal imbalances that can make you gain weight and have trouble losing weight is thyroid hormone imbalance because thyroid hormone is the master hormone that regulates metabolism. Even lowgrade underactive thyroid with normal or slightly abnormal thyroid tests can promote weight gain and difficulty losing weight. But even if your weight has been caused by other reasons than the thyroid, people end up having inefficiency of thyroid hormone in their body — perpetuating weight gain by slowing metabolism further and causing trouble losing weight. To make your weight loss efforts successful, you always need to consider the thyroid."

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- · I have corns on my toes which get thicker no matter what shoe size I wear.
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り Capricorn Dec. 22-Jan. 19. It would do wonders for you to try to alter your weekday routine a bit. Plan to do something fun with the family that you would usually reserve for weekends.

Aquarius Jan. 20-Feb. 19. Make a concerted effort to stay in contact with family and/or friends who are extremely important to your immediate plans. They'll be more inclined to help if you're in close proximity.

H Pisces Feb. 20-March 20. Don't hesitate to think biggerthan-life when putting together a financial endeavor. Conditions are exceptionally good for you to pull off something on a grand scale.

T Aries March 21-April 19. What

works out well for you is likely to do so for those with whom you're directly involved. This is because everyone is apt to be looking out for one another's interests.

¥ Taurus April 20-May 20. Think positive and keep the faith, because at the very times when things look like they're going against you, your associates are likely to come through. They'll not let you down. Π Gemini May 21-June 20. Even

though it might look like you're behaving extravagantly, what you're really doing is trying your best to make a solid investment of good will in your relationships with others.

Gancer June 21-July 22. This might be one of your better days to talk to influential people about helping you advance a big personal ambition. If you want to succeed, you must be

Ω Leo July 23-Aug. 22. If you've been restless lately and have the means to do something about it, this might be a good time to make some travel plans. Target a place that you've always wanted to visit. TV Virgo Aug. 23-Sept. 22. This could be a profitable day in more ways than one. Although you might gain financially,

as forthright as possible

you'll also learn something extremely valuable in the process. Libra Sept. 23-Oct. 23. Persons with whom you'll have one-onone dealings, either socially and commercially, are likely to treat you in a more bountiful fashion than usual. Be just as generous in return.

M Scorpio Oct. 24-Nov. 22. Your motives for helping others will be honest and sincere, yet owing to conditions of which you're unaware, you'll be the

18

64

one who stands to benefit the most from your actions.

₹ Sagittarius Nov. 23-Dec. 21. Although your rabbit's foot might not be working in highrisk situations, you still could be very lucky when dealing with someone with whom you share strong emotional bonds. BERNICE BEDE OSOL

Solution to yesterday's crossword



19

36

958

Letters

Franklin's got the right idea

RE: "FORGET ABOUT YOUR RIGHTS - LET'S MAKE SOCIETY SAFER" (METRO, JAN. 15) Letter writer Dan Venzon says, "Forget about rights and constitutional amendments!" Great idea, let's take away free speech and our right to pursue life, liberty and happiness while we are at it. Can we appoint Obama a king and go back to living under a monarchy? Oh wait, Biden already did that when he suggested using executive orders to strip us of our Second Amendment rights. Let's check with what Attorney General Holder thinks oh wait, he's too busy sell-

Quoted

"Those who would give up essential liberty to purchase a little temporary safety deserve neither liberty nor safety."

BOB FARLEY, VIA E-MAIL, QUOTING BENJAMIN FRANKI.IN

ing "assault weapons" to Mexican cartels as part of Operation Fast and Furious. I'm glad that our government sees fit to arm surrounding nations but wants to take away my ability to protect my own family. GEOFFREY T. GRAYSON, VIA E-MAIL

Some would deny me my right to own a large caliber weapon. In return, I deny them the right to own a fast car. I decree that no one needs a car capable of more than 30 mph, except the army and police. Fast cars kill far more than slow ones, and even more than crazies with guns. DAVID BRYCE, VIA E-MAIL

As a non-gun owner and a veteran, I read, in disbelief, Mr. Venson's suggestion that we "forget about rights and constitutional amendments." Forget about the rights? Rights that made this country great? That were purchases and protected by the blood of our young men? And what amendments should we forget? The Second? The First? Maybe the Fourth and Fifth and even the 14th? As for me, I would prefer a free society with all its risks than the safety offered by Big Brother. I wonder, who is more dangerous - a citizen with an assault weapon or citizens, like Mr. Venson, who lack understanding of how precious our rights are. JESSICA PHILLIPS, VIA E-MAIL

Across

- 1 Get tired
- 5 Is destructive 10 Turn sharply
- 14 -majeste
- 15 Actor Ryan -
- 16 Light tan
- 17 Dreaded czar 18 Cornered (2 wds.)
- 19 Lavered haircut
- 20 Fervent wish (2 wds.)
- 22 Leopard feature
- 23 Stockholm carrier
- 24 Director Spike --25 Kitchen fixture
- 29 Kind of sale (hyph.)
- 33 Accumulate
- 34 "Oh, wilderness were paradise -!
- 36 Boot jingler 37 Lawyer's thing
- 38 Rock band Pink -
- 39 Dernier -40 Sapporo sashes 42 Furry red Muppet
- 43 Selected 45 Theater level
- 47 Reconnoitered
- 49 Crone
- 50 Unser and Gore 51 Consumer advocate Ralph
- 54 Type of printer (2 wds.) 60 Hit the books
- 61 Prize 62 Nonsense poet
- 63 Eye impolitely
- 64 Olympic contest
- 65 Ms. Ferber 66 Matin's opposite
- 67 Fresco base 68 Blushing

Down

- 1 Somersault
- 2 Strauss of denim 3 Pronto
- 4 Beginning
- 5 Froggy 6 meridiem
- 7 Ms. McEntire
- 8 Sir's companion
- 9 Sneaky 10 Evening service
- 11 Canyon effect
- 12 Q.E.D. part
- 13 Toupees 21 Karate levels
- 22 Coral habitat
- 24 Lascivious
- 25 Locust bean
- 26 It divides to multiply (var.)

- 27 Spaghetti sauce herb 28 Londoner's tube

- 29 Fluctuates wildly (hyph.) 30 Orlando attraction
- 31 Caregiver
- 32 Hung on a line
- 35 de plume 38 shui
- 41 Crafty sort 43 Soft drink
- 44 Go-getter
- 46 Galley mover
- 48 Awoke (2 wds.)
- 51 Pvt.'s superiors 52 Cornstarch brand
- 53 Surrealist painter
- 54 Brubeck or Garroway
- 55 Cheers for toreros 56 Winery casks
- 57 Change decor
- 58 Holm and Woosnam 59 ER picture (hyph.)
- 61 out (relax)

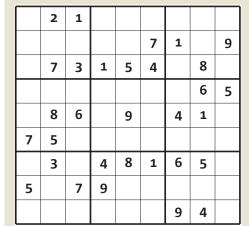
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Devils schedule



Season opener



Sat. Jan. 19 at NY Islanders 7 p.m.

DATE OPPONENT TIME

SAT. 19 AT NY ISLANDERS 7 P.M.
TUE. 22 PHILADELPHIA 7:30 P.M.
FRI. 25 WASHINGTON 7 P.M.
SUN. 27 AT MONTREAL 6 P.M.
TUE. 29 AT BOSTON 7 P.M.
THU. 31 NY ISLANDERS 7 P.M.

FEBRUARY

SAT. 2 AT PITTSBURGH 1 P.M.
SUN. 3 AT NY ISLANDERS 3 P.M.
TUE. 5 NY RANGERS 7 P.M.
THU. 7 TAMPA BAY 7 P.M.
SAT. 9 PITTSBURGH 1 P.M.
SUN. 10 AT PITTSBURGH 7:30 P.M.
TUE. 12 CAROLINA 7 P.M.
FRI. 15 PHILADELPHIA 7 P.M.
SAT. 16 AT NY ISLANDERS 7 P.M.
MON. 18 OTTAWA 1 P.M.
THU. 21 AT WASHINGTON 7 P.M.
SAT. 23 AT WASHINGTON 12 P.M.
SUN. 24 WINNIPEG 5 P.M.
THU. 28 AT WINNIPEG 5 P.M.

MARCH

SAT. 2 AT BUFFALO 3 P.M.
MON. 4 AT TORONTO 7 P.M.
TUE. 5 TAMPA BAY 7 P.M.
THU. 7 BUFFALO 7 P.M.
SAT. 9 AT CAROLINA 7 P.M.
SUN. 10 WINIPEG 7 P.M.
WED. 13 PHILADELPHIA 7:30 P.M.
FRI. 15 AT PHILADELPHIA 7 P.M.
SAT. 16 MONTREAL 7 P.M.
TUE. 19 NY RANGERS 7 P.M.
THU. 21 AT CAROLINA 7 P.M.
SAT. 23 FLORIDA 7 P.M.
SAT. 23 FLORIDA 7 P.M.
FRI. 29 AT TAMPA BAY 7:30 P.M.
FRI. 29 AT TAMPA BAY 7:30 P.M.
SAT. 30 AT FLORIDA 7:30 P.M.
SAT. 30 AT FLORIDA 7:30 P.M.

APRIL

MON. 1 NY ISLANDERS 7 P.M.
THU. 4 AT BOSTON 7 P.M.
SAT. 6 TORONTO 7 P.M.
SUN. 7 AT BUFFALO 7 P.M.
WED. 10 BOSTON 7:30 P.M.
FRI. 12 OTTAWA 7 P.M.
MON. 15 AT TORONTO 7 P.M.
THU. 18 AT PHILADELPHIA 7:30 P.M.
SAT. 20 FLORIDA 1 P.M.
SUN. 21 AT NY RANGERS TBD
TUE. 23 MONTREAL 7 P.M.
THU. 25 PITTSBURGH 7:30 P.M.
SAT. 27 AT NY RANGERS TBD

NEW JERSEY DEVILS 2013 TEAM PREVIEW



Devils move past Parise, defend title

An 18-year-old demon was exorcised on the night of May 25, 2012, by 22-yearold Adam Henrique.

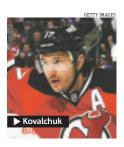
Sixty-three seconds into overtime of Game 6 the then-rookie center stuffed a loose puck into a half-empty net to score the Eastern Conference-clinching goal for the Devils. The win over the Rangers was the first time the Hudson River rivals had met in the penultimate playoff series since the 1994 Eastern Conference final — a loss for New Jersey and the second-to-last step of the Rangers' Cup title.

But after a tumultuous offseason, could Game 6 be the last great moment for one of the NHL's premier franchises over the last two decades?

▶ Goaltending

The good news is both
Martin Brodeur and Johan
Hedberg re-signed with the
Devils over the summer. But
it will be incumbent on
head coach Pete DeBoer to
manage the workload of
Brodeur, now 40 years old.

► Defense The Devils defense corps



was solidified at the deadline by the acquisition of Marek Zidlicky. Following the trade, the Devils became a well-rounded team, one that had the ability to jump into the play along with being able to limit scoring chances.

▶ Offense

It could have been worse.
The Devils lost captain Zach
Parise to Minnesota this
past summer and had to
sweat out concerns that Ilya
Kovalchuk would spend the
rest of the 2012-13 season in
the KHL. They just need to
get Henrique back from
thumb surgery in
November — sooner rather
than later





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Nats. Soriano agree to deal

Rafael Soriano will have to be content as a oneyear wonder as closer in the Bronx.

Soriano, who was excellent as a replacement for the injured Mariano Rivera last season, signed a two-year, \$28 million deal with the Nationals yesterday. It includes a vesting option for a third year at \$14 million based on games finished.

Soriano opted out of his deal with the Yankees, which would've paid him \$14 million in 2013. He had 45 saves and a 1.79 ERA last year. O METRO

Metro's NBA power rankings | by Jimmy Toscano



THUNDER (30-8) The true sign of a great team is when they can pull out the ugly wins. An 87-83 win over the Trail Blazers on Sunday certainly qualifies. This team is proving why it captured the West last season and why they're favorites to return to the Finals.

CLIPPERS (29-9)

Magic marked

SPURS (29-11)

Tough stretch

of games this

week for the

the first time

(In L.A.'s loss to the

since 2006 that a team end-

team with the best record in

Spurs as they host Memphis

and Golden State then hit

the road to Atlanta. Their

12-game home winning

streak is on the line.

the NBA entering that day.

ed a 10-plus-game losing

streak by defeating the



HEAT (24-12) Miami has lost four of its last six games after

dropping Monday night's game in Utah. With Indiana, Brooklyn and even the Celtics improving, they'll need to snap out of it.



GRIZZLIES (24-12) Memphis was rolling (wins over Golden

State and San Antonio last week) before being blown out in Dallas by 21 points. They also continue to be involved in trade rumors.



NUGGETS (23-16) It's all happening for Denver. A slow start to

this season had some people writing them off, but Denver has won five in a row and eight of 10 games.



WARRIORS (23-13) The Warriors aren't living up to their name,

dropping a home game to Memphis and on the road in Denver. Things don't get easier, as they host Miami.



KNICKS (24-13) Since starting the year 18-5, the Knicks are

6-8 in their last 14 games. They get a needed three-day break before Thursday's game in London - then another three-day break.



NETS (22-15) The Nets own the longest winning streak in

the NBA at six games. While most of the East has hit a rut, Brooklyn has found its stride again. A tilt with the Knicks next week will tell a lot.



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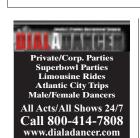
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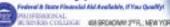
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Legal **Notices**

NOTICE OF FORMATION OF HOLDING SPACE, LLC. Art. of Org. filed with the Secy. of State of New York (SSNY) on October 30th, 2012. Office location: New York County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to:49 West 24th St. 8th Floor New York, NY 10010 Purpose, any lawful activity

NOTICE IS HEREBY GIVEN that a license, Number TBA for Liquor has been applied for by the undersigned to sell Liquor. Wine & Beer at retail in a restaurant under the Alcoholic Beverage Control Law at: 11-13 W 32nd St 5th Floor New York NY 100001 for on-premises consumption. MK Karaoke LLC.

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NOTICE IS HEREBY GIVEN that a license, Number 1268018, for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 60-10 Kissena Blvd, Flushing, NY, for on-premises consumption. MJ USA Inc.

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NOTICE IS HEREBY GIVEN, PURSUANT TO LAW. that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday, January 30, 2013 at 2:00 p.m. at 66 John Street, 11th floor, on a petition from River Barrel Inc. d/b/a Mrs. Kim's to continue to, to maintain, and operate an unenclosed sidewalk café at 87 Kent Street, in the Borough of Brooklyn for a term of two years REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER
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Legal Notices

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The cheapest unit to hit the market this week is a co-op at 29 Convent Ave. This two-bedroom walkup with eat-in kitchen is listed by Halstead for \$150k.



PRICIEST \$29.995M 39 E. 74th St.

The most expensive property listed this week is a townhouse at 39 E. 74th St. Built in 1879, renovated in 2007, the six-story, 20-foot-wide mansion with five bedrooms and a hydraulic elevator is listed by Corcoran for \$29.995M.

STREET

StreetEasy.com is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.

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at home with metro



'Happy Chic' your home

No matter the size of your apartment or the budget you're working with, decorating star Jonathan Adler shows you how to create a space vou'll love Vou might have to 'grow a pair' first

ay buh-bye to those boring design rules. In his new book, "100 Ways to Happy Chic Your Life," potter and designer Jonathan Adler offers his whimsical spin on decorating. This involves embracing wind chimes if you so please and painting mustaches on precious family portraits - basically, having fun, getting personal and not caring what anyone says about the decor choices that make you smile. Adler believes that's the



NEW IN THE NEW YEAR

foundation for creating a fabulous space to welcome family and friends. face it: Because let's "There's nothing more happy and chic than surrounding yourself with people you love," he says. Here, Adler shares five tips to get you started.

Add color with wallpaper: 'Wallpaper is a great way to make a real impact. I particularly like to wallpaper the wall behind the bed," says Adler.

renters afraid of the reper-

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Restyle your

"People end up leaving things the way they've always been - and they

shouldn't. They need to be restyled and reimagined," says Adler. He suggests donating what you no longer use and integrating some

cussions? "Just grow a pair," says Adler. "You'll have to scrape it off and repaint. So often when people are renting they end up not making their house as groovy as it could be.'

**** PUBLIC NOTICE ***

Q&A

Where should people start when decorating their home?

"They should start by putting together a Pinterest board of things they love. Once they're done, they should [analyze] what it is they love about them.

Then they can come up with a furniture plan and a color scheme. To come up with a color scheme they should think about what their favorite colors are. My theory is: As long as you have a healthy dose of white in there, then you can choose any accent color that really speaks to you."

Design sites

Adler loves

www.1stdibs.com www.apartment therapy.com www.designsponge.com

Swag a chandelier: "Don't be ruled by where your junction box is — all you need to do is put a hook in the ceiling and you can swag a chandelier," says Adler. "It's an important thing to do over any table." His general rule: "They should be bigger than you think you need and more expensive than you think you can afford.'

Tip **Channel** orange

Adler advises: "It's the color of sunshine, and it's the happiest color in the world.

Get new bedding: "Bedding is like underwear: You need to out with the old and in with the new.'

Add a fiddle-leaf fig tree (Ficus lyrata): "It's chic, it brings some green life into your house and it adds insculpture," stant Adler.



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JANUARY 30th

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bookshelf

tchotchkes. "I like to have some books vertical, some horizontal," says Adler. "Finding the right harmonious rhythm is intuitive."

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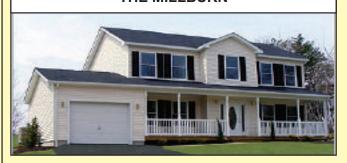
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